

Verna Myers once said, "The problem is not that we don't see colour (race), it's what we do when we see it." The issue is not that we see people in different ways, the real issue is what we do when we notice these things, and that is what Verna Myers is trying to tell all of us. Naturally as humans we see people in different ways, and each and every one of us are unique. This uniqueness however should not be the basis to see others as less than ourselves or a specific group of people. No one race is superior than another, regardless of what society tells us.

As we in North America are starting to experience more and more diversity, it is important that we expand and talk about these things. As we meet people of different cultural and ethnic backgrounds, it is important that we don't just notice this, but that we also embrace their culture, and learn more about it. When we meet someone that has a different cultural background than us, we should not just pretend that they are the same as us. We are different, but this is not a negative thing. We are different, and we should teach each other about our cultures, and grow together.

I would like to put forward one idea for us to consider, in order to promote anti-racism. What if we were intentional about introducing our children to other cultures, from there earliest stages of development? There are many fun and easy ways to do this. We can do this by simply having our kids join extracurricular activities. By simply playing sports, doing art, playing music, or simply challenging them to go and make friends with others, we will introduce them to how we should treat all people, regardless of their cultural background.

Even just little things can push to help end racism within our world today. If each and every one of us can do things within our community in order to promote anti-racism,

the world will become a better place. By simply going out into your community, learning about others cultures, celebrating the diversity within your community, you can make a difference. I am not saying that this will cause world peace, or will put an end to racism within our world today. What I am saying is that each and every one of us can make a difference, and we should all be trying to put an end to this racism that is going on within our communities, countries, and the world.